

Markwort®

QUALITY SKIP ROPES

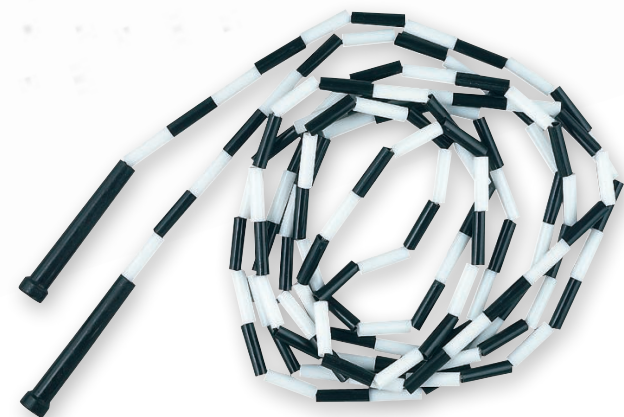


LEATHER W/BALL BEARING

Heavy leather rope with ball bearing wooden oak handles. Polybag.
S15 9 ft. **\$14.00 EA**

Taiwan

100 pcs 41 lbs



IMPACT PLASTIC SECTIONS

Durable polypropylene rope. 41/2" swivel handles, 11/8" high impact plastic sections. Polybag.

JR16 16 ft. **\$7.00 EA** 50 pcs 27 lbs 2.2'
JR8 8 ft. **\$4.00 EA** 100 pcs 25 lbs 2'



POLYPROPYLENE W/BALL BEARING

Wood handle, polypropylene rope. Polybag.
S13 9 ft. **\$6.00 EA**

100 pcs 35 lbs 2.3'



CUSHIONING SWIVEL COTTON

Wood handle, waxed cotton rope.
S14 9 ft. **\$6.00 EA**

100 pcs 35 lbs 2.3'



NYLON SKIP ROPE

Wood handles. White nylon rope. Polybag.

Taiwan
SN8FT 8 ft. **\$5.00 EA**

★ SPEED ROPES ★

SR16

SR8

SR7

SR9

SPEED ROPES

For speed jumping, conditioning or physical education classes. Molded handles with smooth turning plastic ropes. Assorted colors.

SR16 16' Green Rope **\$6.00 EA** 50 pcs 23 lbs 1.98'
SR9 9' Yellow Rope **\$4.00 EA** 100 pcs 28 lbs 2.36'
SR8 8' Blue Rope **\$3.60 EA** 100 pcs 25 lbs 2.17'
SR7 7' Red Rope **\$3.60 EA** 100 pcs 23 lbs 1.8'

EVERLAST



F.I.T SLIMMER BELT

Designed to help flatten abdominal muscles during aerobic conditioning. Provides core support using Compress-X technology to create a snug fit while retaining body heat and shedding water weight.
P00000377 46" **\$22.50 EA**



P373 White/Purple S/M



P374 Grey/Black L/XL



P375 Grey/Black XL/XXL

SAUNA SUIT ANTI-MICROBIAL

Designed to trap body heat and keep muscles loose, allowing you to shed excess water weight and calories more efficiently prior to or during a workout. Top quality material that wipes clean with damp cloth. Exclusive EverFresh antimicrobial treatment to prevent odors. Two piece suit with elastic waist and cuff pant.

\$34.00 EA

P373 S/M Women's White/Purple No Hood
P374 L/XL Men's Grey/Black No Hood
P375 XL/XXL Men's Grey/Black Hooded

GREAT FOR REHAB!



Thera-Band
RESISTANCE BANDS

Preferred Choice of Therapy and Fitness Professionals

LIGHT RESISTANCE
 3 Levels of Bands Included

EXERCISE BANDS

Set of pre-cut lengths of exercise bands at incremental resistance levels. For rehabilitation, exercise. Sample exercises, safety tips and directions included. China

204 **\$23.80 EA Set**
03 (12 pcs 6 lbs).3 bands: Lightest, Lighter, Light

WARNING Users of this equipment are subject to personal injury. These products are not warranted to protect the user from injury.

Thera-Band



HAND EXERCISERS

Variable resistance training for the hand, fingers and forearm. Strengthen grip and increase dexterity and mobility. Gel-like exercise tool reduces stress. Exercises manual included. For hot or cold therapy. Washable.

H260 **\$20.00 EA** (24 pcs 4.8 lbs)
50 Blue Firm



EXERCISE BALL

Heavy duty vinyl inflatable balls aid in strengthening postural muscles and develop balance awareness. Also for general endurance and stretching exercises. Weight tested up to 1000 lbs. Full color poster with 24 ready to perform exercises. 2 sizes.

Red 22" For People 5'1"-5'6"
23020 **\$36.20 EA** (10 pcs 27 lbs)
 Green 26" For People 5'7"-6'1"
23030 **\$52.40 EA** (10 pcs 31 lbs)

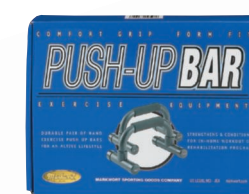
Markwort®



2 IN. BANDAGE WRAP

100% cotton wrap. Protects hands during workout. Hook and loop closure. Embroidered logo. 2 rolls per box. Hangable package. China

BNDW White 99" (2.75 yds) .. **\$1.48 PR** 4 oz



PUSH-UP BARS

Strengthens and conditions arms and upper body. Great for in-home workouts or rehabilitation programs. Comfort grip. 1 pair. China

PUSHUB Black **\$20.00PR** 1 lb 10 oz



CONVENTIONAL HAND GRIPS

Plastic handles, asst. colors, chrome-plated springs. Individually boxed.

100 pcs 44 lbs. (H-50130)

UPC# 0 16562 63050 0

Taiwan

G2H **\$6.00 PR**